

Conscious Sedation in Dentistry

Practice Inspection Check List

Basic Sedation Techniques

Date
Principal's name
Practice address



Telephone

Ref	Question	Yes	No	Notes
1	General			
1.1*	Does the practice provide basic sedation only? <i>Please see accompanying notes for definition</i>			<i>If no please refer to the Practice Inspection Check List for Advanced Sedation Techniques.</i>
1.2*	Does the practice provide oral sedation?			
1.3*	Does the practice provide inhalation sedation (IS)?			
1.4*	Does the practice provide intravenous sedation (IVS)?			
1.5	Are children under 16 normally sedated using IS?			
1.6	Are sedation patients normally ASA I or II?			
1.7	Approximately how many sedations are provided for adults, defined as 16+ years of age, annually?	N/A	N/A	
1.8	Approximately how many sedations are provided for children, defined as under 16 years of age, annually?	N/A	N/A	
1.9*	Does the practice normally operate on an operator-sedationist basis?			
1.10*	Does the practice normally operate with a separate operator and sedationist?			
2	Facilities			
2.1*	Do the premises appear to be well maintained?			
2.2	Are the recovery and waiting areas separate?			
2.3*	Is there good lighting in all clinical areas?			
2.4	Is there access for emergency services to the building?			
2.5	Is there access for emergency services to the surgery?			
2.6	Is there space within the surgery, around the chair, to deal with an emergency?			
2.7	Does the practice layout provide privacy for sedation patients?			
2.8	Can the dental chair be placed in the head-down tilt position?			
3	Sedation practice			
3.1	Does the practice follow a recognised sedation protocol?			
3.2	Are patients normally assessed for suitability for sedation at a preceding appointment?			
3.3	Are the options for anxiety and pain control explained to the patient prior to obtaining consent for sedation?			
3.4	Do patients have the opportunity to ask questions?			
3.5	Is arterial blood pressure assessed as part of the patient assessment?			
3.6	Is a cannula used to secure IV access?			
3.7	Is IVS administered by titration to a recognised sedation end point?			
3.8	Is IS administered by titration to a recognised sedation end point?			
3.9	Is the patient monitored by a suitably trained and experienced member of staff during sedation and recovery?			

3.10	Are recognised discharge criteria followed?			
3.11	Where are patients normally recovered?	N/A	N/A	
3.12	Does the sedationist discharge the patient?			
3.13	Are patients given a telephone number to call in case of problems?			
3.14	Do all IVS and oral sedation patients have an escort?			
4	Documentation			
4.1	Are patients given written pre-operative instructions?			
4.2	Are patients given written post-operative instructions?			
4.3	Are the following noted and checked prior to sedation? <ul style="list-style-type: none"> • Medical, dental and social histories • Previous sedations/general anaesthetics • ASA category • Pre-operative vital signs (including BP) • Dental treatment required 			
4.4	Is written consent obtained prior to sedation?			
4.5	Is a contemporaneous record kept of the administration of sedation?			
5	Equipment			
5.1	Is there equipment for measurement of blood pressures?			
5.2	<i>For practices using inhalation sedation</i>			
5.3	Is there a dedicated IS machine? Does this have the following? <ul style="list-style-type: none"> • Minimum delivery of 30% O₂ • Emergency N₂O cut-off 			
5.4	Is the IS machine checked by a suitably trained and experienced member of staff prior to each session?			
5.5	Is there scavenging of waste gases?			
5.6	Is the equipment serviced according to the manufacturers' guidelines?			
5.7	Are the gases stored according to current safety requirements?			
5.8	Date of last service	N/A	N/A	
5.9	<i>For practices using intravenous sedation</i>			
5.10	Is a pulse oximeter used?			
5.11*	Does the pulse oximeter have audible alarms?			
5.12	Is the equipment serviced according to the manufacturers' guidelines?			
5.13	Date of last service	N/A	N/A	
5.14	Can supplemental oxygen be given if required?			
5.15	<i>Emergency equipment</i>			
5.16	Is emergency oxygen available? What size cylinder? Is there a back up supply/cylinder?			
5.17	Is there a self-inflating bag valve mask with reservoir bag (e.g. Ambu-bag)?			
5.18	Is there a pocket face mask (e.g. Laerdal pocket mask) to provide ventilation?			
5.19	Is back-up suction available?			
5.20	Are oral airways available?			
5.21	Are Yankaeur suckers available?			
5.22	Is the emergency equipment readily available?			
6	Drugs			
6.1	If benzodiazepines are used, is the reversal agent, flumazenil, available?			
6.2	Are emergency drugs available?			

6.3	Are all drugs, sedation and emergency, in date?			
6.4	Is a designated person responsible for stock control?			
6.5	Are drug labels available for syringes?			
6.6	Are all emergency drugs readily available?			
7	Staff			
7.1	<i>Please list names and qualifications of all dentists, doctors and nursing staff involved in sedation practice at this address.</i>			
7.2	Can all sedationists demonstrate training in sedation, as well as a commitment to continuing professional education?			
7.3	Can all nurses assisting demonstrate training in sedation?			
7.4	Can all recovery staff (if applicable) demonstrate training appropriate to their duties?			
7.5	Are all staff trained in BLS?			
7.6	How often is emergency training provided?	N/A	N/A	
7.7	When was the last emergency training session?	N/A	N/A	

Comments and recommendations

Representative of the practice
(please sign and print name)

Date

Inspector / inspectors
(please sign and print name)

Date

Please give bottom copy to the practice representative